Life Skills (PSW) · Grade 6

Memorandum · Term 1–2

TOTAL 75 MARKS

Marking guidelines

1. Award the full mark for a correct answer, even if the learner words it differently.
2. For case studies, award the mark for any answer that fits the situation and gives a sensible reason.
3. Where a question asks for an opinion or a feeling, mark the reason, not the opinion.
4. Where a question asks for two or more items, award one mark per correct item.
5. Do not deduct marks for spelling, provided the answer can be read.

Question	Answer	Marks	Marking note
QUESTION 1 · Multiple choice · 5 marks			
1.1	a. Your friends influence you to do something	**1**	
1.2	b. Your friends persuade you to study with them for a test	**1**	
1.3	c. Say no clearly and walk away	**1**	
1.4	a. Accept yourself with your strengths and weaknesses	**1**	
1.5	b. Mediator	**1**	
QUESTION 2 · True or false, self-image and abilities · 10 marks			
2.1	1. False 2. True 3. False 4. True 5. True	**5**	*1 mark each.*
2.2	Doing something you are good at; being praised or recognised; comparing yourself with who you were yesterday rather than with others; friends who accept you; learning a new skill; helping someone who needs you.	**3**	*Any three. 1 mark each.*
2.3	Train or practise a few times every week; set a goal and time herself to see if she improves; join the athletics club / ask a coach or the PE teacher for help; eat healthily and get enough sleep; take part in school races to get experience; watch and learn from good athletes.	**2**	*Any two. 1 mark each.*

Question	Answer	Marks	Marking note
QUESTION 3 · Case study: Peer pressure · 8 marks			
3.1	Peer pressure (negative peer pressure).	**1**	
3.2	She walks with them every day and does not want to be alone; they call her scared; the others have already agreed; Karabo is the oldest.	**2**	*Any two. 1 mark each.*
3.3	It turns safety into a weakness. The question makes a person choose between their pride and their safety, and it moves the conversation away from the real question — whether the challenge is dangerous.	**2**	*1 mark for 'it makes caution look weak', 1 mark for the explanation.*
3.4	Say no clearly and walk home; suggest another activity; tell an adult or teacher; say she must be home early; find a friend who will say no with her.	**3**	*Any three. 1 mark each.*
QUESTION 4 · Case study: Self-management · 7 marks			
4.1	School: finish the Maths worksheet / do his homework (1). Home: wash the dishes / feed the dog (1).	**2**	
4.2	The homework (or the chores) first (1), because it must be handed in tomorrow / he is too tired later / his mother is home at 18:00 / last week playing first meant nothing got done (1).	**2**	*Accept homework or chores first if the reason makes sense. No mark for 'play soccer first'.*
4.3	1 mark each for homework, chores (dishes and dog) and playtime, all fitted in before 18:00, e.g. 14:30–15:30 homework; 15:30–16:00 wash dishes and feed the dog; 16:00–17:30 play soccer.	**3**	*Any sensible order. If play is first, the plan must still fit the homework and chores in before 18:00.*
QUESTION 5 · Abilities and interests · 6 marks			
5.1	Any three honest answers — sport, music, technology, language, art, working with people, working with your hands.	**3**	*1 mark each.*
5.2	Any sensible link — for example: I like drawing, so architecture, because architects draw plans and sketches; I like building, so construction, because builders work with their hands every day.	**3**	*1 mark for the interest, 1 mark for the job, 1 mark for the explanation.*
QUESTION 6 · Problem-solving in conflict · 8 marks			
6.1	The group is not working together — one member takes over and the others are left out, so the work does not get done.	**2**	*1 mark for the co-operation, 1 for the result.*

Question	Answer	Marks	Marking note
6.2	Speak calmly to each other and listen to everyone; divide the work so that each person has a task; agree on who does what and by when; ask the teacher for help if they get stuck.	**3**	*1 mark each.*
6.3	Nobody knows how she feels, so nothing can change. The problem stays, she feels worse, and the group loses her ideas. Calmly saying what bothers you gives the group a chance to fix it.	**3**	*1 mark per point.*
QUESTION 7 · Important life stages in South African cultures · 7 marks			
7.1	Birth and the giving of a name; baptism or christening; becoming an adult (e.g. initiation or confirmation); a wedding; death and the funeral; a birthday such as a 21st.	**3**	*1 mark each.*
7.2	It shows that the person's life has changed and the community stands with them; it gives families a chance to be together, remember their history and pass their customs on to the children.	**2**	*1 mark per reason.*
7.3	Ask beforehand what is appropriate to wear; watch how the others do things and follow them; do not take photos without asking; be quiet and listen during the important parts; thank the host.	**2**	*1 mark each.*
QUESTION 8 · Dignity and respect for religions · 7 marks			
8.1	To treat every person as someone of worth, no matter their religion, language or background.	**1**	
8.2	Do not mock what they believe; rather ask with interest; respect their prayer times, food rules and special clothing; include them in ways they can take part.	**2**	*1 mark each.*
8.3	Ask him in time what he can eat and make sure there is something for him; keep that food separate so that it does not mix. Then he feels part of the class.	**2**	*1 mark for asking/providing, 1 for the reason.*
8.4	Everyone has the right to practise their own religion; people work and learn better together when they feel safe and accepted; we learn from each other; it keeps the country peaceful.	**2**	*1 mark each.*

Question	Answer	Marks	Marking note
QUESTION 9 · Body image and the media · 7 marks			
9.1	They are edited or "photoshopped"; filters are used; special lighting and make-up; the best one out of hundreds of photos is chosen.	**2**	*1 mark each.*
9.2	The photos do not show reality, so you compare yourself with something that does not exist. It can make you feel bad about yourself and damage your self-image.	**2**	*1 mark for 'not real', 1 for the effect.*
9.3	Any kind, practical answer — for example: remind her that the photos are edited; tell her what you value about her that has nothing to do with looks; suggest she put the phone away and do something together. It helps because she is then dealing with real people instead of edited photos.	**3**	*1 mark per thing, 1 for the reason.*
QUESTION 10 · Mediation and peacekeeping · 5 marks			
10.1	Any two: ask them both to calm down and stop shouting; let each one tell his side in turn without interrupting; listen carefully to both; ask them what a fair solution would be; help them agree on a plan (take turns, play together, use a timer); do not take sides.	**2**	*Any two. 1 mark each.*
10.2	So that both people trust the mediator and feel they are treated fairly. Otherwise one of them will not accept the solution.	**1**	
10.3	Any two: accepting yourself and others; showing respect for others; co-operation (working together); taking responsibility for your own actions; listening.	**2**	*Any two. 1 mark each.*
QUESTION 11 · Bullying · 5 marks			
11.1	They are bullied or hurt themselves; they want to feel strong or important; they copy what they see in others; they feel bad about themselves; they want to fit in with a group.	**2**	*1 mark each.*
11.2	Tell a teacher or an adult; stand with him so that he is not alone; invite him to sit or play with you; do not laugh along, because that encourages the bully.	**2**	*1 mark each.*

Question	Answer	Marks	Marking note
11.3	Any one: a teacher; the school counsellor or psychologist; a parent or guardian; a social worker; a religious or youth leader; Childline (116).	**1**	

Total **75 marks**



Free quizzes

Finished this test? Keep practising online!

More than 12 000 free questions for Grades 4 to 7, in every subject and aligned to CAPS. After every answer your child gets a short explanation. No registration needed, and it works on a phone.

meerkatskool.co.za

Scan with your phone to start right away

A small request from us

Thank you for supporting MeerkatSkool! We are a small South African business, and every paper is put together with great care.

This test and memo are a free sample: feel free to share them with other parents and teachers. Ask us about the full booklet: meerkatskool.co.za or WhatsApp 066 462 7629.

Thank you!
The MeerkatSkool team

Free quizzes
meerkatskool.co.za

Email
info@meerkatskool.co.za

WhatsApp and calls
066 462 7629

Help us improve

Found a mistake in this test? WhatsApp us straight away. We fix it within 24 hours and send you the new version.

Scan to WhatsApp us · 066 462 7629