MeerkatSkool

PAPER 1

Practice test · Term 1–2
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Life Skills (PSW) · Grade 5

The Self, Feelings and Social Responsibility

TOTAL
44
MARKS

Term 1–2 | 6 questions | CAPS-aligned

NAME AND SURNAME _____ CLASS _____ DATE _____

Instructions

1. This is Paper 1 of the Grade 5 November exam. It covers the work of Term 1 and Term 2. Paper 2 covers the work of Term 3 and Term 4.
2. This question paper consists of TWO sections. Answer all the questions.
3. Section A consists of short questions. Section B consists of case studies and longer questions.
4. Answer all the questions on the question paper itself, in the spaces provided.
5. Read the case studies in Section B twice before you answer.
6. Write neatly and legibly. Work that cannot be read cannot be marked.

Question	Content of the question	Marks	Obtained
1	Multiple choice	5	
2	Feelings, feedback and safety	10	
3	Case study: Online bullying	8	
4	Case study: The soccer team	7	
5	Dealing with emotions	8	
6	Children's rights and responsibilities	6	
	Total	**44**	
	Percentage		%

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Section A Short questions

1 Multiple choice — 5 marks

Choose the correct answer and circle the letter next to it.

1.1 A healthy self-image means that you: **(1)**

(a) Think you are better than everyone else

(b) Never make mistakes

(c) Accept yourself with your strengths and weaknesses

1.2 Which of these people is helping a child to build a positive self-concept? **(1)**

(a) A coach who says: "Well done, you worked hard today."

(b) A friend who laughs at every mistake you make

(c) A brother who says you will never be good at anything

1.3 Your teacher tells you that your project is untidy. What is the best way to receive this feedback? **(1)**

(a) Argue until she changes her mind

(b) Listen, say thank you and think about how to improve

(c) Tear up the project and throw it away

1.4 In many South African cultures, children are expected to show respect to elders. Which one is an example of this? **(1)**

(a) Interrupting an older person while he or she is speaking

(b) Greeting older people and listening when they speak

(c) Walking away while your grandmother is talking to you

1.5 Which one is a safe online habit? **(1)**

(a) Keeping your profile private

(b) Sharing your password with a friend

(c) Posting your address publicly

2 Feelings, feedback and safety — 10 marks

2.1 Violence can happen at school and in the community. Complete the table: write ONE situation that could become violent, and ONE way to keep yourself safe. **(4)**

Place	A situation that could become violent	How I can keep myself safe
a. At school		
b. In the community		

2.2 Your friend asks you what you think of her poster for the class project. Name THREE things you should do when you give her feedback. **(3)**

2.3 Write next to each statement whether it is TRUE or FALSE. **(3)**

Statement	True / False
It is normal to feel afraid or sad sometimes.	
A person should always keep their feelings to themselves.	
Asking for help is a sign of weakness.	

Section B Case studies and longer questions

3 Case study: Online bullying — 8 marks

Read Case Study 1 twice and then answer the questions.

CASE STUDY 1 · THE GROUP CHAT

Zanele is in Grade 5. Her class has a group chat on their phones where they share homework.

Last week someone posted an unflattering photo of Zanele in the group with a joke attached. Five children sent laughing emojis. Two said nothing.

Zanele has left the group. She says she feels sick every time she picks up her phone, and she no longer wants to get her homework from the class.

A situation at a primary school.

3.1 What do we call this kind of behaviour? **(1)**

3.2 Name TWO ways this incident affects Zanele. **(2)**

3.3 Two children said nothing. Was that the right thing to do? Give a reason. **(2)**

3.4 Name THREE things Zanele or her friends can do to put this right. **(3)**

4 Case study: The soccer team

7 marks

Read Case Study 2 twice and then answer the questions.

CASE STUDY 2 · THE SOCCER TEAM

Lerato is in Grade 5 at Redhill Primary. She is the fastest runner in her class and loves to play soccer at break.

When the school started a soccer team, the coach said: "Soccer is for boys. Girls should play netball." He did not let Lerato try out for the team.

Later the girls were allowed to practise with the team. But when there was an argument at practice, the coach always took the boys' side, even before he had heard what the girls had to say. Some boys laughed and said: "Girls can't play soccer."

A situation at a primary school.

4.1 Write the correct word next to each description. Choose from: bias · bullying · discrimination · stereotype. Use each word only once; one word is not used. **(3)**

Description	Word
a. The idea that all girls are bad at soccer	
b. Lerato is not allowed to try out for the team because she is a girl	
c. The coach always takes the boys' side before he has heard the girls	

4.2 Which of Lerato's rights is being violated (not respected)? Name the right and explain why. **(2)**

4.3 Name TWO things Lerato or her friends can do about what happened. **(2)**

5 Dealing with emotions — 8 marks

5.1 Write down a HEALTHY way to deal with each feeling. **(4)**

Feeling	Healthy way to deal with it
Angry	
Sad	
Scared	
Tense	

5.2 Your friend's grandmother has died and your friend is very sad. Name TWO ways in which you can support your friend. **(2)**

5.3 Name TWO people you can talk to when you feel bad. **(2)**

6 Children's rights and responsibilities — 6 marks

6.1 Every right comes with a responsibility. Write down the responsibility that goes with each right. **(2)**

Right	My responsibility
The right to go to school	
The right to play in a clean, safe park	

6.2 Name TWO OTHER rights that every child in South Africa has. **(2)**

6.3 Thandi is in Grade 5. Her uncle wants her to stay at home during the week to look after the goats instead of going to school. Which of Thandi's rights is not being respected, and what can she do? **(2)**

Total **44 marks**



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