Life Skills (PSW) · Grade 5

Memorandum · Term 3–4

TOTAL
51
MARKS

Marking guidelines

1. Award the full mark for a correct answer, even if the learner words it differently.
2. For case studies, award the mark for any answer that fits the situation and gives a sensible reason.
3. Where a question asks for an opinion or a feeling, mark the reason, not the opinion.
4. Where a question asks for two or more items, award one mark per correct item.
5. Do not deduct marks for spelling, provided the answer can be read.

Question	Answer	Marks	Marking note
QUESTION 1 · Healthy eating · 7 marks			
1.1	A = bread, porridge, rice or mealies; B = spinach, carrots, apples or bananas; C = meat, fish, eggs or beans; D = milk, maas, cheese or yoghurt. 1 mark each.	**4**	*1 mark per group with a suitable example.*
1.2	Weight gain; poor concentration in class; tooth decay; low energy and tiredness; illnesses such as diabetes later in life; the body does not get the vitamins it needs.	**3**	*Any three. 1 mark each.*
QUESTION 2 · Festivals and customs · 4 marks			
2.1	Diwali = the Hindu community; Eid = the Muslim community	**2**	*1 mark each.*
2.2	It helps a person understand and respect others instead of mocking or fearing what is different. South Africa has many cultures that must live together.	**2**	*1 mark for 'understand and respect', 1 mark for a further reason.*
QUESTION 3 · Electrical safety at home · 4 marks			
3.1	unsafe; safe. 1 mark each.	**2**	

Question	Answer	Marks	Marking note
3.2	Any two: never push anything except a plug into a socket; do not use an appliance with a damaged cord; pull a plug out by the plug itself, not by the cord; keep electrical appliances away from water, the bath and the sink; never touch a power line that has fallen down, and never climb on an electricity box or pole; ask an adult to help you with an appliance; switch an appliance off before you clean it.	**2**	*1 mark each.*
QUESTION 4 · Case study: The open plot · 8 marks			
4.1	More children with stomach problems; mosquitoes breeding in the standing water.	**2**	*1 mark each.*
4.2	Mosquitoes lay their eggs in still water. More mosquitoes mean more bites, and mosquito bites can make people sick.	**2**	*1 mark for 'mosquitoes breed there', 1 mark for the disease risk.*
4.3	Organise a clean-up day with bags and gloves; write to the municipality asking for more frequent collection; remove old tyres so water cannot stand; make posters asking people not to dump; ask for recycling bins at the school; ask the clinic to come and speak to the street.	**4**	*Any four practical steps. 1 mark each.*
QUESTION 5 · Case study: The lunch box · 7 marks			
5.1	For religious reasons – his family's Hindu faith.	**1**	
5.2	Any two, 1 mark each: how much money the family has / food prices; what food is available in nearby shops or grown nearby; the family's culture and habits; advertisements on TV and social media; what friends eat; taste (what the child likes); how much time there is to cook; health reasons or allergies; what the tuck shop sells.	**2**	

Question	Answer	Marks	Marking note
5.3	1 mark for the festival, 1 mark for a custom that belongs to it. Christianity: Christmas – go to church, give gifts, family meal; Easter – church services on Good Friday and Easter Sunday, Easter eggs or hot cross buns. Judaism: Pesach (Passover) – the Seder meal, eating matzah (flat bread); Rosh Hashanah – blowing the shofar, eating apples dipped in honey; Hanukkah – lighting the candles of the menorah for eight nights; Yom Kippur – fasting and praying. African Religion: a ceremony to honour the ancestors (umsebenzi) – slaughtering an animal, sharing a meal, speaking to the ancestors; a first-fruits (harvest) festival, e.g. Umkhosi Wokweshwama – giving thanks before the new harvest is eaten.	**2**	*Also accept a festival of Buddhism (Vesak – lighting lamps, visiting the temple) or the Baha'i Faith (Naw-Rúz – new-year prayers and a festive meal). Do not accept Diwali or Eid (asked in 2.1).*
5.4	Hold a culture day where each person brings a dish; make a class rule that no one mocks food; have a lesson on different religious customs; eat together instead of in small groups; ask Aarav to tell them about his family's food.	**2**	*Any two. 1 mark each.*
QUESTION 6 · Safety at home · 6 marks			
6.1	Any two: bleach; drain cleaner; paraffin; insect spray or poison; rat poison; dishwashing liquid or washing powder; pool chlorine; turpentine or paint thinners; medicines.	**2**	*1 mark each.*
6.2	Any one: take medicine only when a parent, doctor or nurse gives it to you; never take someone else's medicine; take only the dose on the label; do not use medicine after its expiry date; keep medicine in its own container, locked away.	**1**	
6.3	Any two: never leave a candle, stove or heater burning when no one is in the room; put candles in a holder away from curtains; keep matches and lighters away from small children; do not overload plugs; keep paraffin away from flames; switch off appliances after use; never play with fire.	**2**	*1 mark each.*
6.4	Stop, drop and roll (cover your face with your hands).	**1**	

Question	Answer	Marks	Marking note
QUESTION 7 · Healthy habits · 6 marks			
7.1	Any two: the heart and lungs grow stronger; the muscles and bones grow stronger; it helps you keep a healthy weight; you sleep better; you have more energy; it helps you concentrate at school; it lifts your mood and works the tension out.	**2**	*1 mark each.*
7.2	About 9 to 11 hours (roughly ten hours) a night.	**1**	*Accept any answer between 9 and 11 hours.*
7.3	Any one: he or she is tired and listless in class; cannot concentrate or remember the work; is irritable or moody; falls asleep during a lesson; makes more mistakes in sport and in schoolwork.	**1**	
7.4	Any two: brush your teeth twice a day with toothpaste; brush for about two minutes and along the gums as well; rinse your mouth with water after you have eaten; eat fewer sweets and drink less cool drink; drink water instead of sugary drinks; use your own toothbrush and get a new one every few months; do not bite hard things open with your teeth; go to the clinic or the dentist if a tooth is sore.	**2**	*1 mark each.*
QUESTION 8 · Water as a basic need · 9 marks			
8.1	Any two: to drink and stay alive; to cook food; to wash ourselves and stay clean (this prevents illness); to grow food / for farming; animals need water; for factories and to make electricity.	**2**	*1 mark each.*
8.2	When there is not enough clean water for everyone's needs.	**1**	
8.3	Drought and little rain; leaking pipes and taps; water that is wasted; pollution of rivers; a growing population.	**2**	*1 mark each.*
8.4	Take shorter showers; close the tap while brushing your teeth; fix leaking taps; catch rainwater; put bath or washing water on the garden; wash clothes in full loads; use a bucket rather than a hose to wash the car.	**2**	*Any two. 1 mark each.*

Question	Answer	Marks	Marking note
8.5	Any two: do not throw rubbish into or near rivers; do not pour oil, paint or chemicals into drains; do not wash clothes or cars with soap in the river; use a toilet, not the riverbank; report leaking sewage pipes to the municipality; take part in river clean-ups.	**2**	*1 mark each.*

Total **51 marks**



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