MeerkatSkool

PAPER 1

Practice test · Term 1–2
Version 1.7 · 21 October 2026

Life Skills (PSW) · Grade 4

The Self and Social Responsibility

TOTAL
49
MARKS

Term 1–2 | 8 questions | CAPS-aligned

NAME AND SURNAME _____ CLASS _____ DATE _____

Instructions

1. This is Paper 1 of the Grade 4 November exam. It covers the work of Term 1 and Term 2. Paper 2 covers the work of Term 3 and Term 4.
2. This question paper consists of TWO sections. Answer all the questions.
3. Section A consists of short questions. Section B consists of case studies.
4. Answer all the questions on the question paper itself, in the spaces provided.
5. Read the case studies in Section B twice before you answer.
6. Write neatly and legibly. Work that cannot be read cannot be marked.

Question	Content of the question	Marks	Obtained
1	True or false	5	
2	Feelings	5	
3	Working in a group	5	
4	Case study: Bullying	8	
5	Case study: Conflict	7	
6	Personal strengths	6	
7	Understanding others	6	
8	My body, my rights and responsibilities	7	
	Total	**49**	
	Percentage		%

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Section A Short questions

1 True or false

5 marks

1.1 Write next to each statement whether it is TRUE or FALSE. **(5)**

Statement	True / False
1. It is normal to feel sad sometimes.	
2. A bully should always be ignored and never reported.	
3. Everyone in a class must have the same opinion.	
4. Asking for help when you are worried is a good thing.	
5. Working in a group can help us share ideas and finish a task.	

2 Feelings

5 marks

2.1 Look at the faces below and write next to each letter which feeling it shows. **(4)**



A B C D

A: _____ B: _____

C: _____ D: _____

2.2 Name ONE person you can talk to when you feel worried. **(1)**

_____

3 Working in a group

5 marks

3.1 Name TWO good things (benefits) about working in a group. **(2)**

_____

_____

3.2 Name TWO problems (challenges) that can happen when people work in a group. **(2)**

3.3 Your group cannot agree on which idea to use. Name ONE good way to solve this. **(1)**

Section B Case studies

4 Case study: Bullying

8 marks

Read Case Study 1 twice and then answer the questions.

CASE STUDY 1 · THE LUNCH BOX

Every break, three older boys take Musa's lunch box and eat what is inside. They tell him that if he says anything they will make it worse.

Musa has stopped bringing lunch to school. He says he is not hungry, but his teacher has noticed that he sits alone at break and looks tired in class.

One afternoon a girl in his class sees what happens at the bins behind the hall.

A situation at a primary school.

4.1 What are the three boys doing to Musa? **(1)**

4.2 Name TWO ways this is affecting Musa. **(2)**

4.3 Why do you think Musa has not told anyone? **(2)**

4.4 The girl saw what happened. Name THREE things she can do. **(3)**

5 Case study: Conflict

7 marks

CASE STUDY 2 · THE SOCCER BALL

Tumi and Jaco are best friends. They share a soccer ball that Tumi got for his birthday.

On Friday Jaco took the ball home without asking. On Monday he brought it back with a hole in it.

Tumi shouted at Jaco in front of the whole class. Jaco walked away and they have not spoken since.

A situation at a primary school.

5.1 What caused the conflict between Tumi and Jaco? **(1)**

5.2 Tumi shouted at Jaco in front of the whole class. Why was this not a good way to handle it? **(2)**

5.3 Name TWO things Tumi could have done instead. **(2)**

5.4 Name TWO things Jaco could do to put things right. **(2)**

6 Personal strengths

6 marks

6.1 Name THREE things you are good at. They do not have to be schoolwork. **(3)**

6.2 Choose ONE of your strengths. Explain how it helps you or other people. **(3)**

7 Understanding others

6 marks

A SITUATION

Lerato is new in the class. She sits alone every break. Some children say she is stuck-up because she does not talk to them.

7.1 How do you think Lerato feels? Give a reason. **(2)**

7.2 The other children think she is stuck-up. Why might they be wrong? **(2)**

7.3 What would YOU do? Name ONE thing, and say how it would help Lerato. **(2)**

8 My body, my rights and responsibilities

7 marks

8.1 Name TWO ways in which you can respect and care for your own body. **(2)**

8.2 Name TWO ways in which you can show respect for other people's bodies. **(2)**

8.3 Write a RESPONSIBILITY next to each right. **(3)**

Right	Responsibility
I have the right to education.	
I have the right to health.	
I have the right to a clean and safe environment.	

Total **49 marks**



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