MeerkatSkool

PAPER 2

Practice test · Term 3–4
Version 1.5 · 20 October 2026

Life Skills (PSW) · Grade 4

Health, Cultures and Environment

Term 3–4 | 9 questions | CAPS-aligned

TOTAL 53 MARKS

NAME AND SURNAME _____ CLASS _____ DATE _____

Instructions

1. This is Paper 2 of the Grade 4 November exam. It covers the work of Term 3 and Term 4. Paper 1 covers the work of Term 1 and Term 2.
2. This question paper consists of TWO sections. Answer all the questions.
3. Section A consists of short questions. Section B consists of case studies.
4. Answer all the questions on the question paper itself, in the spaces provided.
5. Read the case studies in Section B twice before you answer.
6. Write neatly and legibly. Work that cannot be read cannot be marked.

Question	Content of the question	Marks	Obtained
1	Cultures in South Africa	6	
2	Religions in South Africa	5	
3	Being a safe passenger	4	
4	Case study: The stream behind the school	8	
5	Case study: A story with a lesson	7	
6	Healthy teeth and hygiene	5	
7	A healthy environment	7	
8	Safety on the road and near water	6	
9	Religions and traditions	5	
	Total	**53**	
	Percentage		%

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Section A — Short questions

1 Cultures in South Africa — 6 marks

1.1 Each dish below comes from the menu of a cultural group in South Africa. Write the cultural group next to each dish. Choose from: Xhosa · Cape Malay · Indian South African · Afrikaner **(4)**

Dish	Cultural group
1.1.1 Umngqusho (samp and beans)	
1.1.2 Bobotie	
1.1.3 Bunny chow	
1.1.4 Melktert (milk tart)	

1.2 Name TWO other cultural groups in South Africa (not the ones in 1.1). **(2)**

_____

_____

2 Religions in South Africa — 5 marks

2.1 Write next to each place of worship which religion uses it. **(3)**

Place of worship	Religion
A church	
A mosque	
A synagogue	

2.2 Why is it important to respect other people's religions? **(2)**

_____

_____

_____

3 Being a safe passenger

4 marks

3.1 Name THREE rules for being a safe passenger in a car, bus or taxi. **(3)**

3.2 Why should you always get out of a car on the side of the pavement? **(1)**

Section B Case studies

4 Case study: The stream behind the school

8 marks

Read Case Study 1 twice and then answer the questions.

CASE STUDY 1 · THE STREAM BEHIND THE SCHOOL

A small stream runs behind Mooivlei Primary School. In the past the children played there and the water was clear.

This month there are plastic bags, cans and an old tyre in the water. The stream smells bad and the water is brown.

Three Grade 4 learners asked the principal if they could hold a clean-up day. They also want three recycling bins to be put up at the school gate.

4.1 Name TWO kinds of rubbish that are lying in the stream. **(2)**

4.2 What do we call it when rubbish makes water dirty? **(1)**

4.3 Why is dirty water dangerous for people and animals? **(2)**

4.4 Name THREE things the school can do to keep the stream clean. **(3)**

5 Case study: A story with a lesson

7 marks

CASE STUDY 2 · JACKAL, WOLF AND THE FISH WAGON

Jackal and Wolf were very hungry. A farmer came along the road with a wagon full of fish.

Jackal lay down in the road and pretended to be dead. The farmer thought, 'This jackal skin will make a fine blanket,' and threw him onto the back of the wagon.

While the farmer drove, Jackal quietly threw the fish off the wagon one by one. Then he jumped off himself, and he and Wolf ate the fish.

Wolf wanted more fish. The next day he also lay down in the road and pretended to be dead. But the farmer remembered what had happened. He chased Wolf away with his whip, and Wolf went home hungry and sore.

A traditional Jackal and Wolf story, told in many South African homes.

5.1 What trick did Jackal use to get onto the wagon? **(1)**

5.2 Why did the same trick NOT work for Wolf? Give TWO reasons. **(2)**

5.3 What lessons can we learn from this story? Write TWO lessons. **(2)**

5.4 Why do cultural groups tell stories like this to their children? Give TWO reasons. **(2)**

6 Healthy teeth and hygiene

5 marks

6.1 Why is too much sugar bad for your teeth? **(1)**

6.2 Name TWO ways to keep your teeth healthy. **(2)**

6.3 Why should you never share your toothbrush with anyone? **(1)**

6.4 Germs breed easily in some places in the house. Name ONE such place. **(1)**

7 A healthy environment

7 marks

7.1 Write AIR, WATER or LAND pollution next to each example. **(3)**

Example	Type of pollution
a. Smoke from burning tyres and rubbish	
b. Old fridges and bags of rubbish dumped on an empty plot	
c. Oil poured into a stormwater drain that flows into a river	

7.2 Dumping rubbish where it is not allowed is called illegal dumping. Name TWO ways in which an illegal dumping site can make people in the community sick or hurt them. **(2)**

7.3 South Africa celebrates Arbor Day during National Arbor Week in September every year. What do people do on Arbor Day? **(1)**

7.4 Give ONE reason why trees help to keep the environment healthy. **(1)**

_____

8 Safety on the road and near water

6 marks

8.1 What does each road sign tell you? **(3)**



a b c

a. _____ b. _____ c. _____

8.2 Write ONE safety rule for each place. **(3)**

Place	Safety rule
a. At home (a bath, a bucket of water or a fish pond)	
b. At a public swimming pool	
c. At a river or a dam	

9 Religions and traditions

5 marks

9.1 Match each religion in Column A with a symbol or practice in Column B. Write only the letter. **(4)**

Column A	Column B	Answer
9.1.1 Hinduism	A The Star of David	
9.1.2 Buddhism	B The Om (Aum) sign	
9.1.3 Baha'i Faith	C The wheel with eight spokes (Dharma wheel)	
9.1.4 African Religion	D The nine-pointed star	
	E Honouring the ancestors (amadlozi / badimo)	
	F The cross	

9.2 Name ONE tradition that your family or your culture keeps (for example at a celebration, a meal or a special day). **(1)**

_____

Total **53 marks**



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